



# SHINE TAN PREP

1

## DOUBLE EXFOLIATE

Dry brush before your shower, then use the SHINE Exfoliating Mitt in the shower to remove dead skin for a smooth, even tan.

2

## SKIP THE OILS & LOTIONS

Avoid moisturizers, deodorant, perfume, and anything that could create a barrier on your skin.

3

## SHAVE OR WAX IN ADVANCE

If needed, do this at least 24 hours before your tan to prevent uneven absorption.

4

## COOL & CLEAN SKIN ONLY

Exfoliate the night before or morning of your tan, then let your skin cool down naturally.

5

## DRESS FOR SUCCESS

Wear loose, dark clothing after your tan to prevent smudging.



# SHINE TAN AFTERCARE

1

## DRESS SMART

Wear loose, dark clothing after your tan to avoid bronzer transfer.

2

## TIMING MATTERS

Wait 8-12 hours before showering for Regular Shine Shades, or 2-4 hours for Shine Express (2hrs=light, 3hrs=medium, 4hrs=dark). Tan continues developing for up to 8 hours after showering.

3

## SHOWER PROPERLY

Lather up head to toe to fully remove bronzer, especially with Express. Do not just rinse!

4

## STAY HYDRATED

Moisturize daily and drink plenty of water for long-lasting results.

5

## EXTEND & PROTECT

Use Shine at Home Extending products and report any issues within 24 hours

